



2024 – 2025
All-Sports Handbook

All-Sports Points Series

The Intramural All-Sports Champion Point Series is for both men and women's teams that wish to compete all year long across a majority of sports. Teams will accumulate points based on participation, regular season, and playoff results. Independent teams can register for the All-Sports race. Greek organizations will be placed into the competition as well. The men's and women's winners of the All-Sports Award will be recognized at the end of year by the intramural department. In addition, each team will receive t-shirts and banner located in the Wellness Center Gym.

Performance

Teams will receive the following points based on their performance:

| League Sports |
|--------------------|
| Regular Season Win |

Examples

Flag Football

- Theta Chi
 - o 2 Total Teams (0 Forfeits)
 - Team 1 – 4 Regular Season Wins
 - Team 1 – 3 Playoff Wins
 - Team 2 – 2 Regular Season Wins
 - Team 2 – 0 Playoff Wins
 - Team 1 – 2nd Place
 - Team 2 - DNP
 - o Team 1 – Total Points: $200 + 12 + 10 + 75 = 297$
 - o Team 2 – Total Points: $200 + 6 + 0 + 0 = 206$

- Theta Chi total Flag Football Points = +297

Cornhole

- HWC
 - o 6 Total Teams
 - Team 1 – 5 Wins, 1st Place
 - Team 2 – 4 Wins, 2nd Place
 - Team 3 – 2 Wins, DNP
 - Team 4 – 2 Wins, DNP
 - Team 5 – Forfeit
 - Team 6 – 1 Win, DNP
 - o Team 1 – Total Points: $101 + 15 + 60 = 176$
 - o Team 2 – Total Points: $101 + 12 + 30 = 143$
 - o Team 3 – Total Points: $101 + 6 + 0 = 107$
 - o Team 4 – Total Points: $101 + 6 + 0 = 107$
 - o Team 5 – Total Points: $0 + 0 + 0 = 0$
 - o Team 6 – Total Points: $101 + 3 + 0 = 104$

- HWC total Cornhole Points = +176

COVID-19

The Intramural Sports program is committed to providing safe programming throughout the COVID-19 pandemic. This manual will be updated as policies and procedures for participants and staff alike are changed to provide the safest atmosphere possible for all parties involved. Sports and tournaments may be rescheduled or cancelled based on COVID procedures and protocols that are constantly being developed within the college. The Intramural Staff will keep participants informed on these decisions.

Swim Meet Update – Fall 2020 (n)-9.1 (n.5(e)-3 C 9.B--0.001 Tc 4e)9 (po)1 Td(C 1 -a)-9.970 4.4 (med)-a)5 .4 (med)-a oaempip or-9

9/11 Stair Climb Challenge

All-Sports teams can earn points by completing the 9/11 Stair Climb Challenge. Each participant that completes the challenge will be awarded +5 ASP for their organization. A maximum of 20 participants can complete the challenge for a maximum of +100 points. The challenge must be completed before the deadline and it must be recorded properly on the sign-in sheet in the HWC.

One person is welcome to complete the challenge more than once, but they will receive only +5 points regardless of the number of times they complete it.

Moc Games Participation

Organizations / ASP teams that provide team(s) to participate in Moc Games will receive +25 ASP. If a team is split (Kappa Delta / Alpha Chi Omega, Theta Chi / Kappa Delta, etc.) the points will be split and each team will receive 12.5 ASP.

In order to receive points for Moc Games, teams must provide enough people to play and must not be late.